

# You can have more money for food by applying for Food Support (Food Stamp) benefits.

If you are 60 years of age or older, answer the following questions to see if you can get help.

Do you and everyone who lives with you get Supplemental Security Income (SSI) or Minnesota Supplemental Aid (MSA)?

Yes  No

If you answered yes, you may qualify for Food Support. To find out where to apply, contact your county human services office or call (888) 711-1151.

If you answered no, then answer the questions below.

■ Are your household assets (cash on hand, money in a checking or a savings account) less than \$7,000?

Yes  No

■ Is your monthly net income below the income amounts listed? *Net income* is your income after subtracting expenses like shelter, utility and medical costs from your gross income (income before taxes).

Yes  No

## Number of people

1  
2  
3  
4  
5

## Net monthly income

\$903  
\$1,215  
\$1,526  
\$1,838  
\$2,150



*Note: Income guidelines are updated each year. These guidelines are for October 1, 2009 - September 30, 2010.*

If you answered yes to these questions, you may be able to get Food Support. To find out where to apply, contact your county human services office or call (888) 711-1151.

If enrolled in Food Support, you also qualify for a telephone discount through the Lifeline and/or the Telephone Assistance Plan (TAP). Contact your local telephone company to apply.



Minnesota Department of Human Services

This institution is an equal opportunity provider.

*Are you 60 or older?  
Stretch your food dollars*



Attention. If you want free help translating this information, call the number below for your language.

ملاحظة: إذا أردت مساعدة مجانية في ترجمة هذه المعلومات، فاتصل على الرقم 1-800-358-0377.

កំណត់សំគាល់ បើអ្នកចង់បានជំនួយបកប្រែព័ត៌មាននេះដោយមិនគិតថ្លៃ សូមទូរស័ព្ទទៅលេខ 1-888-468-3787 ។

Pažnja. Ako vam je potrebna besplatna pomoć za prevod ove informacije, nazovite 1-888-234-3785.

Ceeb toom. Yog koj xav tau kev pab txhais cov xov no rau koj dawb, hu 1-888-486-8377.

ໂປດຊາບ. ຖ້າຫາກທ່ານຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປຂໍ້ຄວາມດັ່ງກ່າວນີ້ຟຣີ, ຈົ່ງໂທຫາຕາມເລກໂທ 1-888-487-8251.

Hubaddhu. Yoo akka odeeffannoon kun sii hiikamu gargaarsa tolaa feeta ta'e, lakkoofsa kana bilbili 1-888-234-3798.

Внимание: если вам нужна бесплатная помощь в переводе этой информации, позвоните по следующему телефону 1-888-562-5877.

Ogow. Haddii aad dooneyso in laga kaalmeeyo tarjamadda macluumaadkani oo lacag la'aan ah, wac lambarkan 1-888-547-8829.

Atención. Si desea recibir asistencia gratuita para traducir esta información, llame al 1-888-428-3438.

Chú Ý. Nếu quý vị cần dịch thông-tin này miễn phí, xin gọi số 1-888-554-8759.

This information is available in alternative formats to individuals with disabilities by calling (651) 431-4050 or (800) 657-3698. TTY users can call through Minnesota Relay at (800) 627-3529. For Speech-to-Speech, call (877) 627-3848. For additional assistance with legal rights and protections for equal access to human services benefits, contact your agency's ADA coordinator.